

[PDF] How To Improve Your Marriage Without Talking About It

Steven Stosny, Patricia Love - pdf download free book



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Description:

Review "If you've ever told your spouse, 'I talk until I'm blue in the face,' or 'It's in one ear and out the other,' stop whatever you're doing and read this book immediately! You're about to discover why talking things out isn't always the best way to get through to your spouse or achieve more closeness and connection. More important, you'll learn exactly what you need to *do* today to truly transform your relationship forever."

---Michele Weiner-Davis, MSW, founder of divorcebusting.com and author of *Divorce Busting* and *The Sex-Starved Marriage*

About the Author Patricia Love, Ed.D., is an acclaimed therapist and speaker and author of four books, including *Hot Monogamy* and *The Truth About Love*. She has appeared on *Oprah* and *Today* and on CNN, and has contributed to many magazines, including *Cosmopolitan* and *Self*.

Steven Stosny, Ph.D., is a therapist who specializes in men's issues and has appeared on *Oprah* in two highly rated shows on men and marriage. He is the author of *You Don't Have to Take It Anymore: Turn Your Resentful, Angry, or Emotionally Abusive Relationship into a Compassionate, Loving One*.

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