

[PDF] Slouching Toward Adulthood: Observations From The Not-So-Empty Nest

Sally Koslow - pdf download free book

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Description:

Review "Excellent.... At last, a serious, well-researched book about raising children which also includes that crucial characteristic every parent needs—a sense of humor." —Deirdre Donahue, *USA Today*

"An eye-opener.... Koslow writes wittily about the infantilization of American youth as increasing numbers treat getting a job and moving out as just an option." —*People*

"Smart, with plenty of insights and a lively prose style that should keep readers, especially the book's target audience of parents wondering why their grown-up kids are back living in their basements, engaged." —*Booklist*

"Koslow casts a keen eye on the 'not-so-empty-nest' phenomenon that besets today's baby boomer parents . . . and provides plenty of food for thought for parents and adultescents who want to understand each other and perhaps change things for the better." —*Publishers Weekly*

"This book is hilarious! I burst out laughing on page one, and it just got funnier and funnier. But *Slouching Toward Adulthood* is also hard-hitting and painfully insightful—I found myself wincing with recognition. Backed by the latest research, Sally Koslow's thought-provoking new book should be required reading for today's parents and young adults." —Amy Chua, professor of law at Yale University and author of *Battle Hymn of the Tiger Mother*

"Full of research, insight, and hilarious examples of what life is like for the long-suffering parents of 'adultescents,' *Slouching Toward Adulthood* is one of those invaluable books that identifies and illuminates a new phenomenon in our culture." —Gretchen Rubin, author of *The Happiness Project*

"Sally Koslow has really hit on something with her incisive *Slouching Toward Adulthood*. Memorable books that struck a chord about the path of life or the dissonance between parent and child—Gail Sheehy's *Passages*, Nancy Friday's *My Mother/My Self*—all had a kind of kitchen-table humanity and an ability to limn the unnamed conflicts of a particular moment. Beneath its jaunty two-drinks-with-your-coolest-friend ebullience, this book, as of its moment as those books were of theirs, has that resonance, too." —Sheila Weller, author of *Girls Like Us*

"*Let go*, Sally Koslow exhorts indulgent parents who lovingly enable their adultescents to postpone the rigors and responsibilities of being a grown-up. Koslow's wit and wisdom wake us up to the hidden costs of hanging on too long to our kids, to our youth, and to the past. A great read!" —Maggie Jackson, author of *Distracted*

"In her trenchant book on twenty-first-century life with our adult children, Sally Koslow offers us wit, awareness, and, most important, a sense that we are not alone. From the first pages, the reader feels right at home, comforted by Koslow's confessions, research, and wisdom." —Susan Shapiro Barash, author of *You're Grounded Forever . . . But First Let's Go Shopping*

"Sally Koslow has written a funny, shrewd, and true account of a problem the boomer generation didn't know it had created: the consequences of helicopter parenting. We've pampered our kids so much they don't want to grow up. Who can blame them? *Slouching Toward Adulthood* is the book that explains why 'the guest bedroom' is a thing of the past." —James Atlas, author of *My Life in the Middle Ages*

About the Author

Sally Koslow is a journalist, and an author, and the former editor in chief of both *McCall's* and *Lifetime*. She has written for *O*, *The Oprah Magazine*; *More*; *Real Simple*; *Ladies Home Journal*; *Good Housekeeping*; *Reader's Digest*; and *Huffington Post*. She lives in New York City with her husband; her kids have finally moved out.

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